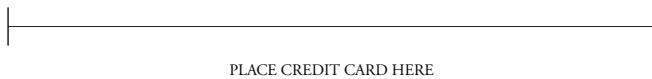


Wrist Size Guide

Measuring your wrist is the best way to determine your correct bracelet size.

Before using the ruler to find your fit, make sure this guide is printed on US Letter size paper (8.5 x 11") and scaled to 100%.

- ★ **To check the accuracy of your printout, position a credit card under the line below. The scale is correct if the credit card and line length match.**



How to use our wrist sizer

- Cut out the wrist sizer.
- Cut a horizontal slit at the bottom. Start by folding the ends together and then cut along the dotted line.
- Insert the tail end through the slot at the wide end with the numbers facing out.
- Slip your hand through the wrist sizer and pull the end until it fits tightly over your wrist bone. **Don't leave extra room.**
- The number that lines up with the edges of the opening is the size of your wrist in inches and your VAHAN wrist size.
- When selecting your bracelet, choose the corresponding VAHAN wrist size.

Size	Wrist Measurements
XS	5 - 5 ³ / ₈ in.
XS+	5 ³ / ₈ - 5 ³ / ₄ in.
S	5 ³ / ₄ - 6 ¹ / ₈ in.
S+	6 ¹ / ₈ - 6 ¹ / ₂ in.
M	6 ¹ / ₂ - 6 ⁷ / ₈ in.
M+	6 ⁷ / ₈ - 7 ¹ / ₄ in.
L	7 ¹ / ₄ - 7 ⁵ / ₈ in.
L+	7 ⁵ / ₈ - 8 in.
XL	8 - 8 ³ / ₈ in.
XL+	8 ³ / ₈ - 8 ³ / ₄ in.
Custom	8 ³ / ₄ & Up

